This exciting partnership brings guests at Hoar Cross Hall a premium Medi-Luxe® treatment experience.

Dr. LEVY Switzerland’s® formula is the world’s first proven to stimulate, protect and nourish the dermal stem cells, promoting breakthrough anti-ageing results. This highly regarded brand was developed by Dr Phillip Levy, based on the 2012 Nobel Prize winning research, with the premise that the ageing process can be reversed.

**DR. LEVY SWITZERLAND® HAND TREATMENT**

25 MINS / £35

This facial for the hands will reduce age spots and plump dry dehydrated skin. Beginning with the 3Deep Cleanser and application of the R3 Cell Matrix Mask you will then be treated to a forearm massage and pressure point massage to the hands. Your treatment will be finished with an application of Booster Cream leaving your hands youthful and radiant.

**DR. LEVY SWITZERLAND® EYE TREATMENT**

25 MINS / £35

This relaxing eye treatment delivers exceptional results whilst reducing tension and includes a cleanse and application of Eye Booster Concentrate and R3 Cell Matrix Mask. You will be treated to a scalp and décolleté massage finishing with a pressure point massage around the eyes.

**DR. LEVY SWITZERLAND® FACIAL**

55 MINS / £90

Using the award-winning Dr. LEVY Switzerland® Intense Stem Cell Line range, this treatment will leave your skin smooth, firmer, radiant and wrinkles reduced. Commencing with a scalp massage, this treatment includes a luxury cleanse and pressure point lifting massage to reduce lines and wrinkles. To complete this ritual, the R3 Cell Matrix Mask is applied. This treatment delivers fast results with ultimate relaxation.
Body

**RELAXING BACK MASSAGE**
40 MINS / £55
Soothes away stress and tension.
This light/medium pressure massage focuses on the back, shoulders, neck and scalp.

**WELLBEING FULL BODY MASSAGE**
55 MINS / £75
Feel relaxed from top-to-toe.
A medium pressure full body massage using the Elemis Life Elixir to suit your mood.

**FRANGIPANI SALT GLOW SCRUB**
40 MINS / £53
Super soft skin.
A full body scrub using the luxurious Frangipani Salt Glow.

**MOTHER-TO-BE MASSAGE**
70 MINS / £90
The ultimate in relaxation.
Performed on a therapy couch and adapted to each stage of pregnancy, this treatment helps to relieve tension in the back and alleviate swelling in the hands and feet.

**FRANGIPANI NOURISHING WRAP**
55 MINS / £70
Drench the skin in moisture.
A full body wrap to hydrate the skin. You are kept cocooned and warm whilst treated to a facial and scalp massage.

**LAVA TOUCH WITH ELEMIS**
55 MINS / £75 OR 115 MINS / £135
Condition your skin and muscles with this all-embracing experience.
55 MINS - Combines a 30 mins Elemis facial with a Lava Shell back massage.
115 MINS - The ultimate Elemis treatment, combining a 1 hour Elemis facial with a lava shell massage.
The perfect top-to-toe treat.

**A LITTLE MORE GOES A LONG WAY**
Combine the Frangipani Salt Glow Scrub and Frangipani Wrap treatments for only £90. Your appointment time will be 85 mins.
Face

**SUPERFOOD PRO-RADIANCE FACIAL**

55 MINS / £75

Energise your skin.

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Leaves skin plumper and more radiant.

**PRO-DEFINITION LIFT AND CONTOUR FACIAL**

55 MINS / £80

The complete anti-ageing solution.

Powered by breakthrough technology, this high-performance facial uses lifting techniques to target sagging skin around the jawline, cheeks, chin and neck for the ultimate firming effect.

**PEPTIDE 24/7 FACIAL**

55 MINS / £75

Target tired skin.

This radiance-restoring Peptide 24/7 facial uses powerful botanical formulations, exclusive to Elemis, which are combined with specialist massage techniques to replenish skin with a well rested glow.

**PRO-COLLAGEN AGE DEFYING FACIAL**

55 MINS / £80

An anti-wrinkle facial with fabulous results.

Specialised massage techniques are combined with proven anti-ageing formulations to energise cells and rejuvenate the skin, leaving a firmer, more youthful looking appearance.

Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just 1 treatment.*

Independent Clinical Trials 2007.
Signature massage

HARMONISING FULL BODY MASSAGE
55 MINS / £75
A relaxing full body massage.

Your therapist will warm up your muscles and then gradually break up any knots to give you an incredible sense of relaxation and calm.

DEEP TISSUE FULL BODY MASSAGE
55 MINS / £80
A firm pressure.

A deep massage which focuses on releasing tension and stretching tired muscles.

LAVA SHELL MASSAGE WITH KOKOLOKAHI OILS
55 MINS / £75
Using power of heat to relax the body.

This unique medium pressure, full body massage eases away all muscle tension to leave you feeling soothed and relaxed.

LAVA SHELL RESCUE MASSAGE WITH KOKOLOKAHI OILS
70 MINS / £90
An alternative deep tissue full body massage.

Warm lava shell and cool glacial shell massage to treat muscle aches and pains.
The accredited qualifications offered by the Jennifer Young Training School allow therapists to use their skills to treat those affected by cancer.

**JENNIFER YOUNG INDULGENT MASSAGE**

55 MINS / £75

A bespoke massage carefully adapted by a specialist therapist to suit individual needs. Using 100% natural and organic oils, this treatment is ideal for the most sensitive of skin.

**JENNIFER YOUNG GLOWING FACIAL**

55 MINS / £75

Soothing massage techniques help you drift to a place of rest and relaxation, leaving your skin glowing and radiant.
Holistic

**INDIAN HEAD MASSAGE**

40 MINS / £57

This massage focuses on energy centres of the head, neck, scalp and face by using key acupressure points to relieve tension and stress.

**REFLEXOLOGY**

55 MINS / £70

A complementary therapy that applies pressure to the feet to treat specific parts of your body. Tensions are released, circulation is increased, and energy rebalanced.

**REIKI**

55 MINS / £75

A traditional Japanese spiritual technique for stress reduction and relaxation, using gentle hand positions to activate natural healing. Translates as ‘universal energy’.
Men

EXPRESS HAND TREATMENT
25 MINS / £29
This hand treatment will focus on removing hard skin including exfoliation, cuticle removal and a tension relieving hand and arm massage. Your nails will be tidied and shaped and treated.

EXPRESS FOOT TREATMENT
25 MINS / £29
This ZenSpa pedicure treatment uses revitalising citrus to invigorate your feet and legs. Hard skin will be removed, feet and legs will be massaged with deep conditioning creams leaving them softer and smoother, your cuticles will be groomed and toe nails tidied.

ELEMIS DEEP TISSUE BACK MASSAGE
40 MINS / £55
This back massage works deep into tension and releases knotted muscles, using the Elemis oil best suited to your area of concern.

ELEMIS HIGH PERFORMANCE SKIN ENERGISER
55 MINS / £75
For all skin types.
The hard-working facial for ageing, dehydrated skin and tired eyes. Includes multi-dynamic facial massage to boost circulation, with scalp and foot massage to deeply relax.

LAVA RECOVERY MASSAGE WITH KOKOLOKAHI OILS
40 MINS / £55
Targets tension and eases aching muscles.
A deep tissue back and leg treatment with a unique combination of hot shells, cool shells and hands-on massage. Your therapist can create a massage tailored to your needs.
Hands and feet

**DELUXE MANICURE**
70 MINS / £54
A luxurious hand and nail treatment.

Using the latest anti-ageing products, this treatment includes exfoliation and massage followed by a nourishing mask and heated mitts. The cuticles are pushed back and tidied, nails are filed, shaped and painted in the colour of your choice. As an added treat, you can take the midi colour home.

*This treatment can be adapted for men.

**MANICURE**
55 MINS / £48
Beautiful natural nails.

As Deluxe but without the use of the heated hand mitts.

**DELUXE PEDICURE**
70 MINS / £54
Pamper your feet.

Focusing on the foot and lower leg, this treatment includes exfoliation and a warm foot bath. A tension relieving massage is followed by work on the cuticles. Nails are filed, shaped and painted in the colour of your choice. As an added treat, you can take the midi colour home.

*This treatment can be adapted for men.

**PEDICURE**
55 MINS / £48
Treat your feet.

As Deluxe but without the use of the heated boots.

Please note that our manicure and pedicure treatments do not include gel nails and do not facilitate the removal of gel.

**FILE & PAINT**
Nails will be shaped and then perfectly painted £30.

**GEL APPLICATION**
Upgrade your manicure or pedicure for an additional £10.

**GEL REMOVAL**
25 MINS / £10
Please note we are unable to remove gels before manicure or pedicure treatments without a gel removal appointment.
Be glam

**EYEBROW SHAPE**
15 MINS / £15
Balance your features and frame your eyes with this essential eyebrow shape.

**MINI MAKEOVER**
25 MINS / £29
Our specialists will help you recreate that professional look at home and give advice on all aspects of make-up. A small investment for a large return.

**EYEBROW TINT***
15 MINS / £8

**EYEBROW SHAPE & TINT***
25 MINS / £17

**EYELASH TINT***
25 MINS / £17

**EYEBROW & EYELASH TINT***
25 MINS / £21

**MAKE-UP LESSON**
55 MINS / £44
Expert advice, hints and tips from a qualified beauty therapist. An invaluable step-by-step guide to colours, application techniques and products. Fun, but oh so practical.

**WORKSHOP**
Learn the tricks of the trade in our daily beauty workshops. Book your place in the Spa boutique.

**MII BROW STATEMENT***
25 MINS / £21
Reveal the true beauty of each expression with brows tailored perfectly to you.

*All tinting treatments require a patch test 24 hours before.