

HENRY'S

LUNCH (12PM - 4.30PM)

SANDWICHES & WRAPS

All sandwiches and wraps are served with skin on fries or a house side salad

Buffalo chicken wrap , rocket, blue cheese dressing	10.95
Hummus wrap , carrot, cucumber, red onion, rocket, roasted peppers, avocado (VG)	9.95
Honey roast ham sandwich , real ale chutney, on thick cut bloomer	8.95
Henry's Club sandwich , chicken, smoked bacon, tomato, lettuce, in toasted local bloomer	12.5
Fish finger sandwich , shredded iceberg lettuce, HGH tartare sauce	9.95
Halloumi and Greek salad wrap (V)	9

HENRY'S BOWLS

Caesar salad , cos lettuce, free-range egg, anchovies, parmesan, herb baked croutons	12.5
Superfood salad , broccoli, peas, quinoa, feta cheese, avocado, cucumber, edamame beans, sesame seeds (V)	12.5
• <i>Add chicken</i> - 3.95	
• <i>Add smoked salmon</i> - 3.95	
Jerk chicken and fresh mango bowl , lentil grains	15
Salmon veggie bowl , capers, balsamic dressing (GF)	15
Vegan Buddha bowl , pickled red cabbage, roasted cauliflower, tahini dressing (VG)	13.5
Feta and mandarin bowl , Puy lentils, roasted walnuts (V,CN,GF)	13.5

STONE BAKED PIZZAS

All pizzas are 12"

Pepperoni	13.5
BBQ chicken and caramelised red onion	13.5
Classic margherita (V)	12.5

ON THE SIDE

Rocket red onion and baby tomato salad (V)	4
HGH slaw (V)	4
Skin on fries (V)	4
Sweet potato fries (V)	4



SWEET TREATS

HGH Cream Tea , freshly baked scone, jam, clotted cream, and your choice of coffee, tea, or infusion (V)	7.5
Our home-made scone , with jam and clotted cream (V)	4.5
Toasted teacake , with butter (V)	3.95

HEALTHY SMOOTHIES

Raspberry, blueberry, banana, flax seeds	5
Broccoli, spinach, mango, banana, pineapple	5
Blackberry, raspberry, strawberry	5

HOT DRINKS

Americano	4	Deluxe Hot Chocolate	7
Espresso	4	Tea	3.5
Latte	5	Fruit/Herbal Tea	3.75
Flat White	5	<i>Flavoured Syrups</i>	1
Cappuccino	5		

Milk-based beverages are based on preparation with semi-skimmed milk, other milks and dietary alternatives are available.

V - VEGETARIAN | VG - VEGAN | CN - CONTAINS NUTS

GF - DOES NOT DIRECTLY INCLUDE INGREDIENTS CONTAINING GLUTEN | DF - DOES NOT DIRECTLY CONTAIN DAIRY



Please speak to your server should you have any allergen or intolerance concerns. As our dishes are freshly prepared in-house, we may be able to amend meals to suit, however, due to the variety of produce in our kitchens, we cannot guarantee that any dish is free from potential allergens, including where indicated above. Fish dishes may contain small bones. Scan the QR code to view menu with calories. Please note, the recommended daily intake for adults is 2000 kcal a day.

Sample Menu

HENRY'S

BRUNCH (8AM-12PM)

Smashed avocado on toasted local sourdough,
with two poached free-range eggs and pickled vine
cherry tomatoes (V) 10

- Add smoked back bacon 2.5
- Add smoked salmon 4
- Add a flat cap mushroom (V) 1.5

American pancakes
• With mascarpone, blueberry compote
and HGH honey (V) 7.5

• With streaky bacon and
maple syrup 8.95

Cheddar omelette 8.5
• Add bacon 2.5

Eggs Benedict, poached free range eggs, smoked
back bacon, Hollandaise sauce, on a toasted muffin 9

Eggs Royale, poached free range eggs, smoked
salmon, Hollandaise sauce, on a toasted muffin 10.5

**Maple glazed streaky bacon and a fried
free-range egg**, in a brioche bun 6.95

Matcha yoghurt bowl, kiwi, peach, blueberries,
toasted coconut flakes (V,GF) 6.5

Basket of toast, with a selection of jams
and marmalade (V) 4

PASTRIES

Basket of two 5.5 | Individually 3

Croissant (V)

Pain Au Chocolat (V)

Pain Aux Raisin (V)



TOAST THE START OF YOUR DAY

Champagne Mimosa | 15
A refreshing blend of Champagne,
topped with orange juice

Le Altane Prosecco Extra Dry | 10
Crisp, mouth-filling fizz with
green apples and citrus notes



HEALTHY SMOOTHIES

- Raspberry, blueberry, banana, flax seeds 5
- Broccoli, spinach, mango, banana, pineapple 5
- Blackberry, raspberry, strawberry 5

JUICE

SMALL 3.5 | LARGE 5.5

- Pineapple Cranberry
- Orange Apple

HOT DRINKS

- Americano 4
- Espresso 4
- Latte 5
- Flat White 5
- Cappuccino 5
- Deluxe Hot Chocolate 7
- Tea 3.5
- Fruit/Herbal Tea 3.75
- Flavoured Syrups 1

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The Hearty Breakfast

SET MENU | £15

TO DRINK

Your choice of hot beverage

TO FOLLOW

Choose from one of the following

Matcha tea yoghurt bowl

Smashed avocado, poached eggs, sourdough toast (V)

The hearty breakfast, locally sourced sausage, bacon, poached egg, hash brown, flat cap mushroom

Vegan breakfast, vegan sausage, hash brown, grilled tomato, flat cap mushroom, scrambled tofu (V,VG,DF)

Omelette of your choice

Mushroom | Ham | Cheese

TO ACCOMPANY

A basket of toast with preserves and jam

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The Lighter Breakfast

SET MENU | £12.50

TO DRINK

Your choice of hot beverage

TO FOLLOW

Choose from one of the following

American pancakes, blueberry compote, mascarpone

Maple glazed streaky bacon, brioche bun

Scrambled free range eggs, locally baked bloomer (v)

TO ACCOMPANY

A basket of mini pastries

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