

EDEN HALL

Booking Procedure

Please follow the steps below, to learn how to book and cancel your gym workouts, classes and swim sessions.

1. CREATE AN ACCOUNT

- Visit your homepage *https://edenhall.m8north.co.uk/book/eh.*
- Select Sign Up.
- To book future workouts, classes and swim sessions, select *Login* and then follow step 3 onwards.



PLEASE NOTE:

You need to complete the Personal Details section and agree to the Health Commitment Statement & Terms and Conditions to create your account and access your dashboard.

2. DASHBOARD

- You will use the following icons to book:
- Gym Timetable Gym Workouts
- Class Timetable Classes and Swim Sessions
- These sessions are included within your membership, therefore you do not need to purchase gym or class passes.

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Classes ro, hast to prove pile (horse) ()	-			
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3. BOOKING YOUR GYM WORKOUT

- Select the Gym Timetable icon on the dashboard or on the top menu.
- You can see how many spaces are available for the gym workouts in the Attendees column (In this case, 0/10 means there are 10 spaces available).
- Select Sign Up for the gym session which you wish to book.
- You must select *Book* to confirm your booking.
- You can book your gym workout 7 days in advance.

	SATURD	AY - 01/08	\rightarrow	
Time	Duration	Attendees		
7:00am	60 minutes	0/10	Sign up	
8:00am	60 minutes	0/10	Sign up	
9:00am	60 minutes	0/10	Sign up	
1010am			San ar	
	Doy	ou want to book gym visit?		
		Book		
		Cancel		

BOOKING PROCEDURE

4. CANCELLING YOUR GYM BOOKING

- Your dashboard displays all of your bookings.
- Select *Cancel* to cancel any of your gym bookings,
- ensuring you select Yes to confirm you wish to cancel your booking.

	Gym book	ings				
	Gym bookings l	eft: O				
	Upcoming:					
	Date	Time	Duration			
	01/08	10:00am	60	Cancel		
	02/08	12:00pm	60	Cancel		
Place	or left 0					
Class	es left: 0				_	
Class	es left: 0	Do you war	nt to cancel?			
Class	esleft 0	Do you war	nt to cancel?	Concel		
Class Gyr	es left: 0 m bookin	Do you war	nt to cancel? Yes	Cancel		
Class Gyr Gym	es left: 0 m bookin bookings left:	gs	nt to cancel? Yes	Cancel		
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Class Gyr Gym Upco	es left: 0 m bookin bookings left: oming: ate.	gs Time	nt to cancel? Yes	Cancel		

5. BOOKING YOUR CLASSES

- Select the Class Timetable icon on the dashboard or on the top menu.
- The Class Timetable displays all classes.
- You can see the availability for each class.
- To book simply select Sign Up.
- You can book your classes 7 days in advance.

SATURDAY		SUNDA	Y	MONDAY		
7:00am - 60 min	Free	7.00am - 60 min	Free	7:00am - 60 min	Free	
Swim Session	(i)	Swim Session	(i)	Swim Session	(j	
Pool / Fitness T.	15 of 15 free	Pool / Fitness T.	15 of 15 free	Pool / Fitness T.	15 of 15 free	
Sign up		Sign up		Sign up	1	
8:00am - 60 min	Free	8:00am - 60 min	Free	8:00am - 60 min	Free	
Swim Session	(i)	Swim Session	(i)	Swim Session	()	
Pool / Fitness T.	15 of 15 free	Pool / Fitness T.	15 of 15 free	Pool / Fitness T.	15 of 15 free	
Sign up		Sign up				

BOOKING PROCEDURE

6. CANCELLING YOUR CLASSES

- Access the class timetable and then select Cancel.
- Confirm the cancellation by selecting Yes.

Sign up		Sign up		Sign uş	
8:00am - 60 min	Free	8:00am - 60 min		8:00am - 60 min	Free
Swim Session	(j)	Swim Session	(i)	Swim Session	(j)
Pool / Fitness T.	15 of 15 free	Pool / Fitness T.	14 of 15 free	Pool / Fitness T.	15 of 15 free
Sign up		Cancel		Sign up	

7. BOOKING YOUR SWIM SESSION

- Select the Swim Timetable icon on the dashboard or on the top menu.
- You can see how many spaces are available for the swim session in the Attendees column (In this case, 0/15 means there are 15 spaces available).
- Select Sign Up for the swim session which you wish to book.
- You must select *Book* to confirm your booking.
- You can book your swim session 7 days in advance.

Dashboard	FAQ	Settings 0	iym Timetable	Gym Passes	Swim Timetable	Swim Passes	Class Timetable
	÷		MON	DAY - 17/08		\rightarrow	
	Time	Duratio	on	Attendees			
	7:00am	60 min	utes	0/15	si	gn up	
	8:00am	60 min	utes	0/15	Si	gn up	
	9:00am	60 min	utes	a/10	si	gn up	
	10:00am	60 min	utes	0/7	Si	gn up	
÷			MONDA	r - 17/08			÷.
Time							
2:00am			Do you want	to book swim vi	sit?		
B:00amr				Book]		(
9100pm				Cancel			
30:00 <i>iim</i>			01	r:			
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BOOKING PROCEDURE

8. CANCELLING YOUR SWIM SESSION

- Your dashboard displays all of your swim bookings.
- Select *Cancel* to cancel any of your swim bookings,
- ensuring you select Yes to confirm you wish to cancel your booking.

Date	Time	Duration	
12/08	7:00am	60	Cancel
17/08	8:00am	60	Cancel
iwim bookings	i left: 0		
		Buy more passes	